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LAMBDA

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Thursday, July 29, 2010

Volume 49, Issue 1

LU students study abroad

BY ANDY VEILLEUX

There is an easy way to follow your dreams of traveling abroad, according to Laurentian University's Manager of International Mobility Programs, Audrey Manninen.

Manninen says the LEP (Laurentian Exchange Program) "offers all kinds of opportunities to students who want to pursue international endeavors. [Their] main area of focus is the exchange programs, so [they] host a variety of students from [their] exchange partners abroad, and also send students abroad."

Laurentian's International Mobility Programs department has a number of partnerships that allow them to send students abroad, Manninen says.

"We have university-wide agreements, we have departmental agreements, and then we also have consortium-wide agreements." Consortium agreements refer to agreements, which are offered through other organizations.

"Our biggest consortium agreement is through ISEP (International Student Exchange Program)," she says.

ISEP is a network of 300 colleges and universities in 42 different cooperating countries, which is based in Washington, D.C. They offer two different options for students: ISEP-exchanges, which are one-for-one exchanges among cooperating institutions, and ISEP-Direct, which is just a one-way student transfer.

"It's a searchable database where students can search by their program or area of interest, and it will bring up a list of places the students can study at world-wide,"



Photo by Andy Veilleux

Audrey Manninen, manager of international mobility programs for Laurentian University, stands in front of photos from all over the world which were given to her by previous exchange students.

Manninen says.

The database is searchable in both French and English.

Manninen demonstrates how to use the database by typing in "political science," and searching,

Her English search brings up plenty of results.

"You'll see there are results for Australia, Belgium, Botswana, Bulgaria, Canada, Czech Republic, Denmark, Estonia, Fiji, Finland,

Germany, Japan... some really great universities," Manninen says.

Manninen says students are often worried about their finances

when traveling abroad.

"Before, the biggest barrier was often a financial barrier," Manninen says.

SEE 'EXCHANGE', PAGE 3

Construction begins on Bell Park amphitheatre

BY CALLAM RODYA

Construction work has begun on the new Grace Hartman Amphitheatre in Bell Park.

The amphitheatre, named after the late Grace Hartman, who became Sudbury's first female mayor in 1966, will feature 450 hard seats and 1,500 soft seats surrounding the stage.

It will replace the previous amphitheatre, demolished earlier this year, that had been a principal venue of the Northern Lights Festival Boreal and other summer events held in Bell Park.

"This is a thrilling moment in our community's history," Mayor John Rodriguez stated in a press

release. "I'm excited to see work beginning, and excited to think about the fabulous entertainment that citizens will be able to enjoy less than 12 short months from now."

The new amphitheatre was designed by Sudbury architecture firm Castellan James and Partners and is being built by Tribury Construction.

At a cost of \$5 million, the project is being funded through a three-way arrangement under the Infrastructure Stimulus Fund between the City of Greater Sudbury, the province and the federal government.

"The Grace Hartman Amphitheatre is a piece of our past - but renewed, revisited, re-imagined,

it will be an even larger piece of our future," Rodriguez stated.

However, not everyone is celebrating the construction work.

Several summertime festivals traditionally held in Bell Park were forced to relocate to other venues this year.

Derek Young, chair of the Greater Sudbury Celtic Festival held in late May, told local media that relocating this summer hurt the festival's bottom line.

According to Young, moving out of Bell Park amounted to an \$8,000 loss out of the budget for next year's festival.

The Northern Lights Festival Boreal was also forced to move this year. It moved to

Laurentian University's athletic field.

One candidate in Sudbury's upcoming municipal election is already speaking out against the design of the new amphitheatre.

In an open letter, Richard L. Paquette, candidate for Ward 4, wrote that city council's rush to qualify the new theatre under the Infrastructure Stimulus Fund is hindering its potential.

"Council is in a big rush to get the Grace Hartman Amphitheatre rebuilt with stimulus funds," Paquette wrote. "In their haste, they seem to be missing the opportunity to give the people what they really want - a real amphitheatre."

He said events like the Canada Day Celebrations, the Northern Lights Festival Boreal, and Summerfest can already fill a 4000-seat venue, and the new amphitheatre should have been designed to accommodate audiences of that size.

"Imagine we could create other festivals and attract big acts of all sorts to a real amphitheatre," Paquette said. "If we settle for the status quo, we will be missing out on a great opportunity to do something exciting in Sudbury."

Work on the new theatre is expected to be completed in early 2011.

LAMBDA 2010-2011

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Lambda circulates 2000 issues throughout the City of Greater Sudbury and Laurentian University Campus.

Lambda Publications is the bi-weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by members of the Students' General Association/ Association Generale des Etudiantes, yet remains autonomous from all university organizations, both student and administrative.

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New year, new team, new Lambda

BY CANDACE JAZVAC

And so it begins. Here we are, more than halfway through the summer of 2010. We're bug-bitten, sun-burnt, over-worked and under-paid. Laurentian students like you and I are busting our humps all across this province to save up for tuition, books, and our weekend beer-and-pizza budgets. And while I would love to ignore the fact that September is creeping closer and closer with every passing day, with course selections and looming tuition bills, I am unable to forget.

Here at Lambda, we have been working hard to re-vamp and re-vitalize Laurentian University's student newspaper. Lambda has had a rough go of it over the last few years, and was in desperate need of a new look to continue to grow and move forward as a publication.

At nearly 50 years of age, it was time for Lambda to get a makeover. Although I am not normally a fan of plastic surgery, I am so proud of Lambda's fresh new facelift (and butt-job, à la Heidi Montag).

So here it is, the new face of Lambda. We'll have to give it a little time to heal and for the swelling to go down, and there may be a few nips and tucks as the school year rolls on, but this is it. This is your student newspaper Laurentian, love it or hate it. Lambda is ready to take its new look all over campus and right across town; with new distribution locations popping up all over the place, and with reporters crawling through the crevasses of this city to bring Laurentian the most interesting and remarkable news this campus has seen in years.

As Editor-in-chief, I am excited about new look and

especially our new staff. I am so pleased to have our new Assistant Editor, Ed Veilleux on board. Ed's experience and charisma has already been such an asset to the paper, and will continue to breathe new life into the publication. Our new editorial staff is equally knowledgeable and experienced, and already has taken Lambda to an entirely new level. Callam Rodya has already totally rebranded and redeveloped our Arts & Entertainment section with a totally new vision, and Andy Veilleux has ambitiously taken on the task of coordinating our Sports and Science & Technology section, and is full of fresh ideas.

And, of course, in addition to a great staff, Lambda is always in need of contributors. This year, we plan to get together with our volunteers on a bi-weekly basis to celebrate each issue and the hard

work we all put into Lambda, and to include our volunteers in our story selection process. This is your paper Laurentian, and we want you to tell us what you want.

However, for the moment, I am most excited about our Lambda re-launch party. On Thursday September 9th, the release date for our next issue, we will be gathering to celebrate the new face of Lambda, and to meet with Laurentian students to discuss their vision for their campus newspaper. For more details as they develop, find us on Facebook and Twitter, and be sure to check out our blog at www.lambdanews.wordpress.com.

It's going to be a great year. My door is always open, and I check my email an insane amount. So feel free to come by our office anytime, or send me an email directly at lambda@laurentian.ca.

Opportunity knocks



BY ED VILLEUX

In March, after nine months in the "real world" working as a city council reporter for the local weekly newspaper, I was "let go."

I spent the day, and the week for the most part, in shock. I texted my girlfriend, went home to my parent's house (I was still saving for a mortgage), explained it to them and then I sat around in disbelief—playing video games, listening to music and watching TSN highlights.

I updated my Facebook and my Twitter.

The response was great—people were very supportive.

Then came the question:

"What are you going to do now?"

Everyone wanted to know.

Well, I've always had aspirations to get a degree, to upgrade my knowledge and to better myself. And, to be honest, it never would have happened if I had stayed at that job.

It sapped my motivation to take night courses, or to learn on my own.

At work I attended webinars, learned the ins and outs of municipal politics and how council worked, and felt the heartbeat of the city.

I was proud of my work in the "real world." My parents were proud, my friends made "big deal" jokes. The mayor called me on my cell phone on a weekend to talk about a story, and when my girlfriend asked who it was, it was surreal, in a humorous way (after the jokes my friends always made), to tell her it was the mayor.

I did meet some spectacular people.

I had a beer with Justin Trudeau. I was there when Michael Ignatieff said he'd try to topple the Harper government. I was the first person, in the world, to have Industry Minister Tony Clement say his comments about the possibility of Sudbury becoming a "valley of death" were "boneheaded."

I could have jumped right back into the business after I was fired. I had the portfolio, I had the connections.

But, reality hit me.

This was my time! This was that golden moment in movies where opportunity knocks, and the main character answers the door.

This is my chance to enjoy being a student for a few more years, to better myself and to soak in what Laurentian has to offer.

My only regret is coming a year late to be taught by Professor Robert Beckett (he left Laurentian). I gave a presentation in his media ethics course last year, and always looked forward to the day I'd be in his class.

Although, I have come to this institution at an opportune time.

There was an opening for assistant editor of this publication.

I have always known the potential of the Lambda, but watched year after year, as it was never as good as it could be. We're talking about a newspaper aimed at students—young intellectuals and hard-partying, beer-pong playing readers alike.

Over the years, when I picked up a Lambda, it was to use an example of what not to do. The layout was cluttered, the writing was often filler, pictures were ballooned to massive proportions and some articles were printed without any local relevance (I remember an article providing NBA analysis).

That will change this year.

Student newspapers are often timid and not nearly as creative or edgy as they could be. It's not a fault of the editors or some hidden rules the typically-young reporters must follow—it's a lack of confidence from the reporters themselves to pursue ideas.

That will change this year.

This year's Lambda publication—if all goes according to plan—will push boundaries, challenge authority and entertain its readers.

The editorials will stir conversation, spark inspiration and give students something to read aside from their Facebook news feed.

All that being said, it's going to be a learning process. I've worked for several newspapers, but I didn't have any editorial power. It will take some getting used to.

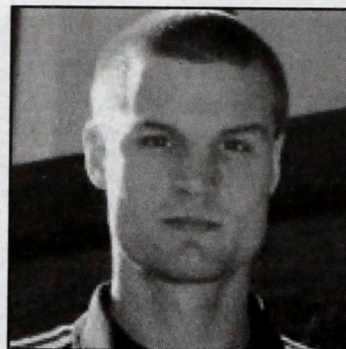
I'm looking forward to a good year for the Lambda.

I'm happy to have a shot to do this, backed by Cal, Andy and Candace.

I wish you all a good year, and I hope you will help us make this paper a topic of discussion for frosh and Laurentian staff alike, through your feedback and news tips and ideas.

Let's make it a great year!

Sports and Science unite



BY ANDY VILLEUX

For years there was a negative opinion of the Lambda among the local journalists, students, and community members who I've talked with. It was always just a 'student newspaper,' but not quite to the caliber of The Shield [Disclosure: I wrote for The Shield last year, as part of the Print Journalism program at Cambrian College.] The flaws and rough edges were constantly smoothed over, because it was written by, and generally made for the Laurentian University student body. This is the easy way out, and no self-respecting journalist would accept these sorts of excuses.

This isn't a swipe at the previous staff members or contributors to the Lambda, in fact, some of them have worked very hard and performed admirably given their resources. Rather, this is a statement of intent for a brighter future for the Lambda. I have not come into this paper with the belief that the status quo is acceptable. I don't want to be excused for errors just because I write for a 'student' newspaper. The driving motives behind the publication have changed greatly. First, let me introduce myself.

My name is Andy Veilleux. I am 23 years old, and I have a Bachelor's Degree in History (with Honours) from Laurentian University and a diploma in Print Journalism from Cambrian College. I was born in the city of Sudbury, and have chosen to remain local, despite the oft-witnessed brain drain of this city's talented, intelligent youth. I don't believe that a person needs to switch to a bigger city to be successful. It is ridiculous to believe that an individual can't find a place to thrive in a city with a population of over 165,000 residents, especially if they are ambitious, intelligent, and especially, well-educated.

The Lambda is no longer going to be content with covering small segments of the Laurentian student body, and calling it a day. We are going to seek out interesting stories, not just from people attached to Laurentian University, but people that are important to this

community, and who can serve as inspiration to all of us. That being said, our focus will still largely be on Laurentian students, and the major issues and news affecting them.

This year I will be fulfilling two roles with Lambda. My first role will be as the paper's Sports Editor. I am an exceptionally dedicated athlete, with experience at all different levels of sport. I've played soccer, hockey, basketball, ultimate Frisbee, and several others in leagues around this city. These range from the recreational ball hockey leagues, to varsity soccer at Cambrian College. Last year, I was one of the most productive sports reporters The Shield had. I aim to bring that work ethic, and journalistic integrity to the sports section here.

My second role will be as the Science and Technology Editor. I've always had a particularly strong interest in general science information, but make no mistake; I am not a scientist by any stretch of the imagination. My BA contains six credits of first-year biology, and six credits of Psychology (which is, or is not, a science, depending solely on who you ask.) Aside from that, I occasionally read books such as A Short History of Nearly Everything, keep up with New Scientist magazine, and follow some scientists and science publications on Twitter. I also happen to have several friends working in the labs here at Laurentian, whose research I hope to feature as the year goes on. Some of their projects, and the projects of their peers, deserve coverage, because they are working on some fascinating projects.

In terms of technology, I'm hoping to feature some of the interesting research being done by our Engineering programs, which have been gaining national recognition lately, from my understanding of it. I am fairly up-to-date with technology, and am an avid reader of Fast Company and Mashable, both of which I recommend to the techies out there.

All that being said, I can't wait to get started. We've got a fresh editorial team, with a lot of enthusiasm and experience. We've got some big ideas, and I hope we can count on your support moving forward. I hope you guys will contribute, and let us know what you want to hear about. We're always open to story ideas, and always up for having discussions on topics you feel are important. Don't hesitate to email me with any ideas related to sports, science, technology, or anything else at ay_veilleux@laurentian.ca. Cheers!

Exchange shrouded in misconception: Manninen

FROM PAGE 1

Manninen believes this barrier is a misconception.

"For most of the programs, Laurentian students will pay their Laurentian tuition fees, Laurentian meal-plan prices, and the Laurentian residence fee."

For a student who is coming to Laurentian from outside of Sudbury, it is "pretty much the same cost," according to Manninen.

"Students have to pay for their flight and their visa applications, but academically speaking it's the same cost," Manninen says.

She believes students are also helped because they are considered Laurentian students while they are on exchange.

"It's really cool, because the students who study abroad are still considered Laurentian students. They still receive OSAP, and there is a new scholarship that has a value of \$2,500." She says there were 15 of the scholarships handed out last year.

"The trade-off is pretty great, because students get the experience of a life-time," she says.

Manninen says Europe is the biggest destination for Laurentian students.

"Obviously Europe is the biggest destination for Laurentian students," she says. "Finland appeals to a lot of students, because there are English-speaking courses there, as well as South Korea."

Laurentian has one student outbound to Finland, and two inbound for the 2010-2011 academic year, she says.

"For students who have six credits of arts left in their degree, they can go to Mexico for four weeks, and they get six credits of 1000-level arts electives in Spanish," she says. Students taking this opportunity go for the entire month of May.

"The program costs \$850, and covers their tuition fees, their home-stay, their activities, and their textbooks."

This year was a "very small group" of only seven students for the Mexican trip. Manninen believes the reasons for the small group are fairly simple to understand.

"I think a lot of it had to do with the media. Not long before they were supposed to leave there was a lot of busting going on in the bordering states." She says.

She also believes the weak economy played a factor in limiting the number of students who felt comfortable enough financially to travel.

"There's usually about 25-30 students going on that trip per year," she says.

Manninen believes a lot of people have a misconception about Mexico.

"A lot of people have this misconception of Mexico, because of what's going on in the bordering states, when in fact, it's very safe,"



Photo by Andy Veilleux

Danielle Thibeault will be starting her exchange on Sept. 15, in Udine, Italy.

she says.

"There's always stuff going on, but it is all a matter of being smart and preparing yourself."

Students will occasionally take the paths less traveled with their exchanges.

The morning of our meeting, Manninen had the chance to speak with a student who had just come back from her summer exchange in South Africa through ISEP.

"She's in Law and Justice, so she went to study community engagement in South Africa," she says. "She was actually there for the World Cup, and she had an amazing time."

Manninen hasn't had the opportunity to travel much yet, but hopes she will be able to soon.

"I did two months in a little town in Mexico, and I spent six months in Louisiana, and that's it," she says. "I'm definitely envious of the opportunities students in the exchange programs have."

Manninen believes a lot of students don't take advantage of the exchange programs for a number of reasons.

"People always think 'I have to save money for this,' or 'I have a boyfriend or girlfriend,'" she says. "In the end when you graduate, and you're working, and you're thinking back on it, so many of those things seem trivial."

Missed opportunities can

often lead to regrets she believes.

"When you're past it, you think 'Shoot!' Why didn't I take advantage of the opportunity?" she says.

Manninen believes the biggest reason students don't participate in exchange programs doesn't come down to economics, or fear.

"A lot of the reason students don't participate is because the visibility for the programs isn't there," she says. "They don't know that the opportunities are there."

Manninen is seeking to change that lack of visibility as a 'new employee' (she was hired in January).

"My job coming into this is to bridge the gap and make the opportunities available to students," she says. "I'm trying to make them understand the value of international experience."

She believes students don't understand how small of a place the world is.

"We're increasingly becoming dependent on one another, and in order for us to succeed in international networks and cooperative efforts, we need to be culturally competent," she says. "We need to learn that our perceptions, thoughts, and ways of life are not universal, that they're actually culturally conditioned."

The exchange programs are not always easy, according to

Manninen.

"A lot of people have this romanticized idea of it, like they're going to go travel, and see all these sites, and they're definitely going to be able to, but it comes with its challenges as well," she says. "It is not meant to be easy."

She says there are a number of factors students have to account for. The jet-lag, transportation, language barriers are all possible difficulties.

"Can you ask people how to buy a train ticket? What's the system for traveling on the train? How do you order food? What's okay to do, and what isn't okay to do?" She asks. She makes a western 'peace sign.'

"What does this mean in another country?" she asks rhetorically.

The challenges have not discouraged Danielle Thibeault, whose exchange starts on Sept. 15, in Udine, Italy. She is expecting her grasp of the Italian language to increase.

"I can travel very easily with my Italian, but not have a huge, full-blown conversation," she says. "I don't have the confidence I should when I speak it, but I hope to get back and be fluent in it."

She is excited to learn Italian first-hand, rather than through reading.

"Instead of just learning

textbook Italian, I'm going to learn day-to-day conversational Italian, so that'll be nice be nice," she says.

Thibeault is a double major in Italian and Spanish in the Modern Languages program. She decided to focus more on her Italian, because Italy interested her more than Spain. She has also "heard good things" from her current professors, who know the professors over there.

"[Udine] is a smaller city, so I think it'll be a lot easier to transition into the culture," she says.

Thibeault has never left Canada, and admits to still being in shock about leaving.

"Right now it's hard to feel anything towards it, because I'm a bit overwhelmed," she says. "I just have to apply for my study visa, and I think once I get that out of the way I'll start to feel the emotions."

She admits to feeling some mixed emotions already, despite the shock.

"I'm starting to miss people already, and I'm sitting right besides them," she jokes. "It's kind of weird."

Overall, she is excited for the trip, though she does admit to being worried about finances.

"Some days I get nervous, because financially, I'm paying for it all myself," she says.

She admits that exposure has been an issue for the exchange program.

"I didn't realize we offered it until I started working here," she says. "If students realized that it's very doable, I pay for almost everything myself."

Thibeault is going to be getting OSAP during her trip, and will not be working in Italy.

"I don't want to, because I've been working since I was fifteen, so it'll be nice to have a year off," she says.

Thibeault says roommates can sometimes be a concern when traveling abroad, but is not worried about her own roommates.

Thibeault believes that students who live on their own would be more capable of adjusting to an exchange.

"I definitely think that having the experience of living on your own it will be less of a shock," she says. "As for me I'll be literally just leaving the nest; it will be a shock."

Thibeault is planning to take full advantage of her trip.

"I'm saving as much money as I can so that I can just travel, I want to take advantage, and do a lot while I'm there."

"I have a lot of friends who have gone; they went for the term, and regretted it, because they wish they would have stayed the full year."

Thibeault says her friends were just beginning to make strong friendship and had to leave.

"If you have the opportunity, you should take it, because when else are we going to have this opportunity in our lives?"

Sudbury Pride Week festivities wrap-up

BY AMANDA PICHE

Sudbury Pride, which cites itself as a non-profit community based organization committed to providing opportunities to generate celebratory, cultural, artistic and educational events which affirm the

lives of Lesbians, Gays, Bisexuals, Transgendered, and Two-Spirited People, put forth its 13th annual Sudbury Pride Week for the city.

The event, which took place July 12th to July 19th, served as a celebration of solidarity and diversity, providing individuals of

all-ages opportunities to take part in a wealth of fun-filled activities. The events took place at a variety of locations throughout Sudbury's downtown core, from the Fromagerie on Elgin and Zig's, to the Radisson Hotel and Rainbow Theatre, and Tom Davies Square, as well as

across the rest of the city. These events included guest speakers and discussions, art shows and dinners, open mic nights and film screenings, softball and golf competitions.

The week, which was capped off with an official flag raising ceremony at Tom Davies Square,

concluded with a Pride March and Rally at Memorial Park and a closing ceremony at Tom Davies Square.

For more information about Sudbury Pride and Sudbury Pride Week, visit sudburypride.com.

LAMBDA -SPOTLIGHT-

Official launch: The new Lambda Spotlight

BY CALLAM RODYA

Hello, Readers!

As we gear up for a new year of publication, the times are a-changing here at Lambda. We have a new editor-in-chief, a new editorial staff, a new look, and a new attitude. Brace yourselves, because the Arts & Entertainment section is no different.

Enter: the Lambda Spotlight.

Spotlight is the new name for your Arts & Entertainment section. And let me tell you, the change is much more than a superficial new moniker. It represents a complete page-by-page transformation and revitalization of Lambda's A&E coverage.

But let's pause for a moment and get acquainted.

I have been proudly involved in the Sudbury arts scene for over a decade. First and foremost, I'm an actor - a graduate of Sudbury Secondary School's Performing Arts program and current Theatre Arts major at Thorneloe University. You may have seen me last year on the Thorneloe stage as a down-and-out theatre director in *Book of Days*, or as the Duke of Athens, Theseus, and the King of the Fairies, Oberon, in *A Midsummer Night's Dream*, or...naked in *The Grace of Mary Traverse*. The stage has been my life for most of my life.

But that's not all.

I'm also an electronic musician (check me out: Facebook.com/CallamRodyaMusic), a graphic designer, singer, screenwriter, filmmaker, and blogger (createandcommerce.blogspot.com).

I've performed on stages across the city, at the Northern Lights Festival Boreal, and screened short films at Cinefest. I'm also a news junkie and a pop culture

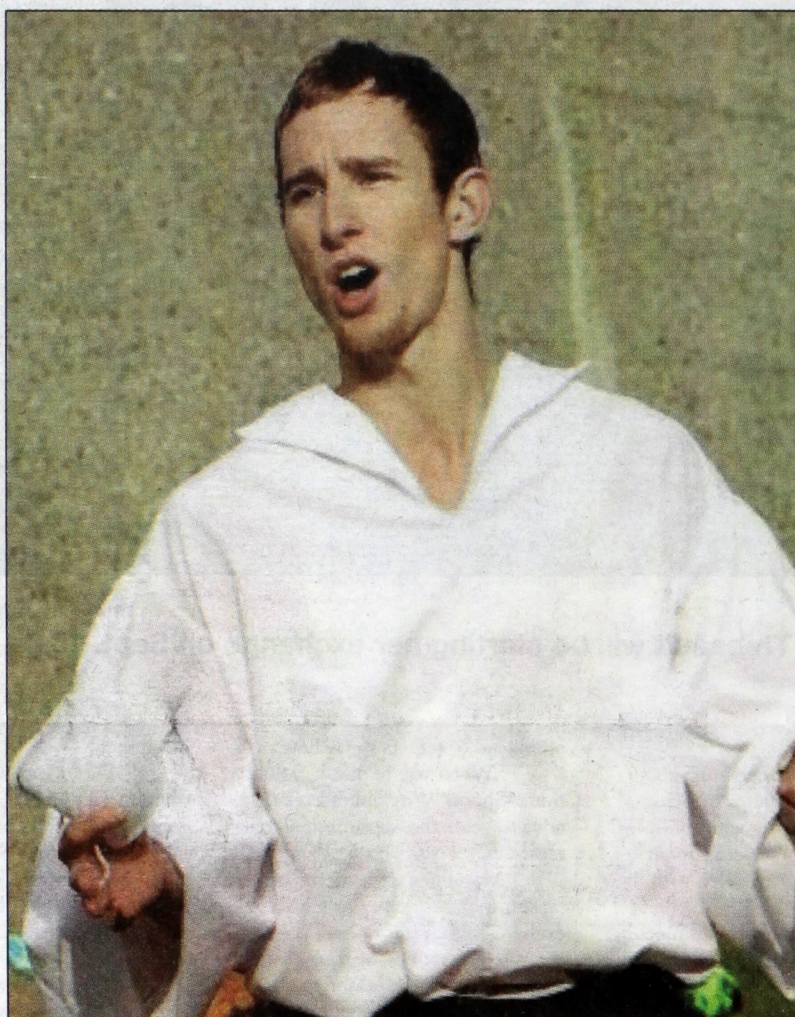
fanatic.

Needless to say, A&E Editor at Lambda feels like a perfect fit.

In the past, I've found Lambda's A&E coverage to be, well, narrow. Sure, it's great to know what bands are playing at the Townehouse or what plays are on at the Sudbury Theatre Centre, but the reality is there is so much more going on in the arts & entertainment community in Sudbury.

And so we turn back to Spotlight, which, starting in September, will be your new destination for what's going on all over Sudbury - not just at the familiar spots, but in the dark cracks and crevices too.

My ultimate goal is to broaden Lambda's A&E coverage and really put our city - whether you are a newcomer just starting university, or a born-and-bred



Callam Rodya is taking over as the Lambda's Arts & Entertainment editor for the 2010-2011 school year.

Northerner (and everything in between) - under the spotlight.

To help achieve this, Spotlight is introducing three regular features into each issue of Lambda, starting Sept. 9, that explore three fundamental aspects of our arts community: the people, the places,

these people, get to know them and their work, so you can too!

The Spot: art always needs a home, and whether its a cafe/bar/restaurant, art gallery, theatre, studio, public park, or a parking lot, these spots are as important to the arts as

and the work.

The Profile: each issue, Spotlight will, as the name suggests, profile a local artist or group of any discipline that is making a creative impact on our scene. It may be a local band, singer/songwriter, musician, visual artist, filmmaker, actor, writer, clown, mime, or anyone who facilitates any of the above.

This profile will be more than just a simple "what's your name and what do you do?"

We're going to actually talk to

the artists themselves. Each week, Spotlight will select such a spot and tear it inside and out (figuratively) and hopefully introduce you to some new hangouts and weekend retreats.

Backstage Pass: by far the most ambitious new feature, Backstage Pass is your ticket behind the scenes of the Sudbury arts scene. We might go backstage of a local theatre production, behind the scenes of a concert or music festival, in the studio with a local artist, or something else entirely. The point is this new feature will take you beyond the obvious and show you what goes on in the background of our local arts scene.

Check out Callam's blog at createandcommerce.blogspot.com.

To check out his music, look him up on Facebook at CallamRodyaMusic.

As always, we at Lambda cannot do it alone. If you have ideas for the paper or want to become an occasional or regular contributor (please!), send us an email at lambda@laurentian.ca.

I cannot describe how excited I am to be a part of the new Lambda team this year. It will be an exciting one for us and hopefully for you too!

So keep reading, because this is only the beginning!

Romeo & Juliet to headline new downtown theatre festival

BY CALLAM RODYA

In August, a new annual not-for-profit outdoor theatre festival will launch in the heart of our city.

Starting August 17, the Northern Free Theatre (NFT) will convert Tom Davies Square in Downtown Sudbury, the home of city hall, into an intimate open-air theatrical venue.

For its first season, NFT is presenting a production of William Shakespeare's classic play *Romeo & Juliet* by the Classical Theatre

Project (CTP), Canada's largest producer of Shakespearean plays for teenage audiences.

"This production of *Romeo & Juliet* is fast-paced, emotional and entertaining."

Charles Roy, co-founder of NFT

Based in Toronto, CTP has been nominated for multiple

Dora Awards since its founding in 2001 and has played to over 500,000 teens across North America, according to an NFT press release.

The new festival was announced by Greater Sudbury Mayor John Rodriguez on May 19.

"Northern Free Theatre is a new, unique, and exciting addition to our growing creative industry," Rodriguez said. "Transforming the Tom Davies Square gives Sudbury the opportunity to showcase classical theatre in a contemporary setting

and gives residents and tourists alike a great night out for the whole family."

This production of *Romeo & Juliet*, although conceived for an audience of 17-year-olds, will still resonate with the teenager in everyone, according to Charles Roy, co-founder of NFT.

"This production of *Romeo & Juliet* is fast-paced, emotional and entertaining," Roy said. "Sitting in the audience feels more like being at a rock concert

than at the theatre."

NFT will be a pay-what-you-can experience for audience members.

"We don't want cost to be a deterrent," David Galpern, co-founder of NFT, said.

According to its press release, proceeds from each NFT performance will be donated to a charity or community project.

Romeo & Juliet will run nightly at 8PM in Tom Davies Square from Aug. 17 to Sept. 4.

Mother Mother: your 2010 frosh band

BY JACQUELINE MILLER

The SGA has announced that Mother Mother, an up-and-coming Canadian indie-rock band based in Vancouver, will headline the 2010 Frosh Concert on Sept. 18.

The band, formed in 2005 as simply "Mother," was the brainchild of Ryan Guldemon, who recruited his sister Molly and a college friend to be a part of the band. A drummer and bassist were added before the release of their self-titled debut album in 2005.

The name was changed to Mother Mother in 2006 "because there are other mothers in the world, besides general maternal figures," says Guldemon.

By adding the second "Mother", it allowed the band to build upon the success they had already created for themselves and kept the continuity of the name. They are also referred to as "MM" by their fans.

At the Vancouver International Jazz Festival during the summer of 2006, Mother Mother opened a sold-out show for The Cat Empire, an Australian band. This led to more national acclaim and a show at the Montreal International Jazz Festival, which was their first gig in Eastern Canada.

This was then followed by a series of shows in Toronto, and the band was featured in a Toronto Star article.

In October 2006, the band found itself back in Montreal at the Pop Montreal Festival and, after a meeting with Last Gang Records,

signed a four-album contract. Mother Mother then re-released their debut album as Touch Up and included two new songs and some artwork as well.

In 2007, the website Vancouver Province (www.theprovince.com) rated Mother Mother as one of the top five B.C. bands to watch for. They had already received much praise and admiration for their debut album, and landed an opening gig with K'Naan (yes, of "Waving Flag" fame) and The Wailin' Jennys, a concert that was nationally broadcast.

Their fan base has been rapidly expanding ever since and they have played with bands like Metric, Hey Ocean, the Cary Brothers, Wintersleep, and Matthew Good at a variety of different venues around the country.

Their sound has been described by CBC Radio 3 as "a beautifully bent portrait of vocal harmony, clever, offbeat lyricism, and dynamic instrumentation."

The upbeat music is at times at odds with the lyrics, but produces

MOTHER MOTHER



Playing Frosh Concert
Saturday September 18th
Great Hall: doors open @ 9pm

- #3 Best Canadian Album
- #3 Best Indie Album
- #5 Best Alternative Album
- #5 Best Overall Album
- #31 Best Song - All Genres ("Body of Years")

"One of the most exciting bands coming out of Canada." - Perez Hilton

"Mother Mother coos lovely boy-girl harmonies, masking their dire lyrics while slyly exulting in the cleansing blaze." - Spin Magazine

"One of the more captivating pop albums of the year" - Metro

"Vocal Harmonies even Queen would be proud of" - UR Chicago Magazine

"Takes the lyrical genius of the first [album], pushes it beyond all expectations and then pairs it with the band's trademarked intertwining vocal harmonies." - Exclaim!



Last
Gang
Records.

www.mothermothersite.com
www.myspace.com/mothermotherspace

a clever juxtaposition in what the listener may initially expect to hear, and what the song is really like.

Ryan Guldemon is the band's lyricist, lead vocalist, and guitar player, and is very much

influenced by The Beatles and The Pixies. The other members are his sister, Molly Guldemon (vocals/synth), Jasmin Parkin (vocals/keyboards), Jeremy Page (bass/horns), and Ali Siadat (percussion).

Their sophomore album O My Heart was released in 2008.

For more information on the band, check out mothermothersite.com or www.myspace.com/mothermotherspace.

LU hosts Northern Lights Festival Boreal for first time

BY CANDACE JAZVAC

Construction at Bell Park brought the thirty-ninth annual Northern Lights Festival Boréal to Laurentian University this year for the very first time.

This year's headliners included Gord Downie & the Country of Miracles, Cuff the Duke, The Sadies, Amelia Curran, Danny Michel, and children's entertainer, Fred Penner. While the change of location may have affected this year's turnout, with an exciting line-up and a weekend of beautiful weather, Northern Lights Festival Boréal was a great success.

Taking place July 9, 10 and 11, this year's festival coincided with Laurentian University's fiftieth anniversary celebrations, drawing in Laurentian students and alumni alike to visit the festival at its temporary location along with hundreds of other visitors from Northern Ontario and beyond. With four stages, and off-site entertainment at the Townhouse, the festival

grounds at Laurentian University were constantly abuzz with great Canadian music and lively chatter between festival attendees.

Each stage had a constant crowd on blankets and in camp chairs basking in the sunshine, enjoying the sounds of their favourite artists and discovering new musicians.

While young artists took to the Arts Village Stage for the ever-popular CKLU Open Stage, and Juno-nominee Danny Michel took to the main stage, one performer in particular drew an excited audience of all ages to the Family stage. Canadian children's performer Fred Penner performed at Northern Lights on both Saturday and Sunday, singing his classic repertoire of songs, including "Down by the Bay", and his personal favourite, "The Cat Came Back".

Fans surrounded the stage, some seated comfortably in their strollers, other excitedly singing along with friends and spouses.

Former Editor-in-chief of Lambda, Matt Moskal, took to the stage with Penner to close out the set with "This Little Light of Mine". Exiting the stage, Moskal was beaming from having the chance to sing with a childhood hero. "It was surreal," said Moskal, "Fred is a legend."

Intimate moments like this between artists and festival guests are what make Northern Lights Festival Boréal a staple in the Sudbury community. In addition to the music, families and friends wandered about the festival grounds, browsing merchandise from local vendors, and speaking with not-for-profits in Greenville. The friendly vibes and open atmosphere extended through the weekend from the first song, to the last applause, leaving guests both exhausted from the scorching sun and excited for next year's festival.

Northern Lights Festival Boréal 2011 is scheduled to take place July 8, 9 & 10 at Bell Park. For more information on next year's festival, visit www.nlfbsudbury.com.

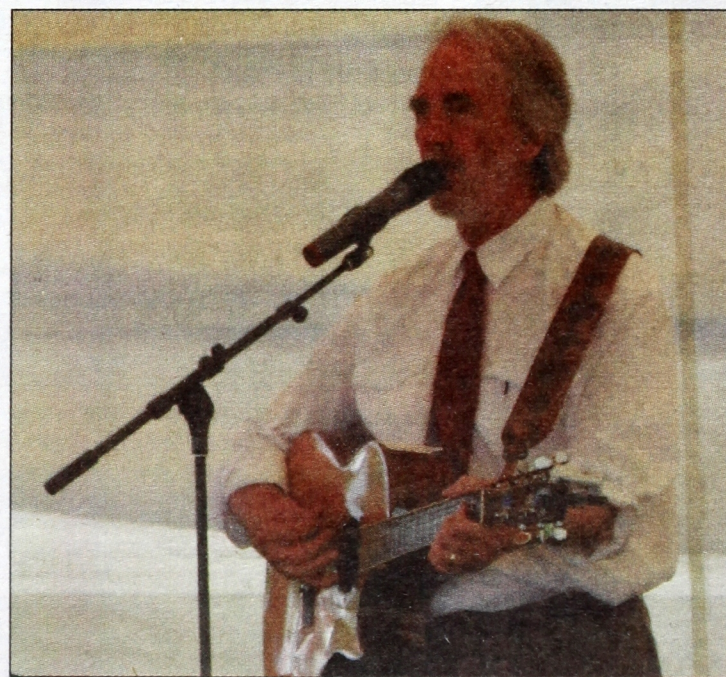


Photo by Candace Jazvac

Fred Penner performing at this year's festival.

New season brings new hope for Wolves

BY ANTHONY BUMBACO

Following a disappointing first round playoff exit at the hands of the eventual Eastern Conference Champion Barrie Colts last season, the Sudbury Wolves are looking to regain the magic that lead them to the conference finals only four seasons ago. Last season the Wolves finished in eighth place in the Eastern Conference with a record of 26-35-4-3, very much a season they would like to forget.

As many enjoy the dog days of summer, true hockey fans know that OHL training camps are just over one month away. Moreover, the Sudbury Wolves will look to use an offseason filled with change in order to make a run at an OHL championship and, more importantly, the Memorial Cup.

The 2010/2011 edition of the Sudbury Wolves will feature many new faces both on the ice and in the front office. With long time coach Mike Foligno stepping down from his post as the team's general manager and head coach there will be a fresh staff in charge of leading the franchise this season. Blaine Smith, the Wolves team president, has taken over as the team's GM. As his first act in his new position he named Terry Cull as his new head coach. Cull had been serving as an assistant coach for the American Hockey League's Syracuse Crunch.

"Trent Cull is a very bright young coach that knows the new game," explained Smith. "I think he is a great motivator and our players

are going to enjoy playing for him. I think he is a very good teacher, shows patience, and will be a great asset for our organization."

After three consecutive subpar campaigns under Foligno, some new personnel might just be the answer heading into the 2010-2011 season.

Moreover, these changes will also be seen on the Wolves roster as well with eight players having played their last season with the club. Graduated players include: forwards Jared Staal, Kain Alicock, Kyle Tarini, Steve Reese, Matias Sointu, Eric O'Dell, captain John Kurtz, and goaltenders Alain Valiquette and Andrew Loverock. However, the Wolves can allow 3 players born in 1990 to return to their roster and according to general manager Blaine Smith two of those spots may already be taken.

"We expect Alain Valiquette to return and possibly Eric O'Dell. O'Dell had surgery during the off season and may not be ready to try-out for the Atlanta Thrashers or the Chicago Wolves at training camp time. If such is the case, we have made it clear that we will hold an overage spot open for him." That leaves one spot left and that will be used on a "skilled forward."

With so much change on the team's roster, that should mean tremendous opportunity for prospects within the Wolves system to crack the 2010-11 opening night roster. The Wolves were able to land three excellent forward prospects to help fill the void on the offensive front. They added centre Matthew

Campagna from the Toronto Young Nats with their first round selection. Then the Wolves added a pair of wingers with two second round picks in New Liskeard native Brody Silk and Sam Schutt from the Ottawa Valley Titans. Smith believes that all three "have the ability to step into our line-up this season and contribute offensively." The Wolves also hope that US college prospect Robert Visca, whom they acquired from Saginaw, will fill another forward slot.

The major strength on this year's Wolves team lies on defense with seven players eligible to return for another campaign. Big things will be expected from veteran defenders Daniel Maggio, Ben Chiarot, Nick Trecapelli and Josh Mcfadden. Sudbury will also be hoping for improved play from 2009 first round selection Justin Sefton, fellow sophomore defender Frankie Corrado and third year player Jake Cardwell. With so much experience on the backend, much leadership will be expected to help make the Wolves into a contender in the Central division.

One area in which some new players will have the opportunity to contribute is at the forward position. However, despite the loss of some key offensive components the Wolves will still have the services of some veteran forwards as well. Of course this group will be lead by recent 2nd round, Florida Panthers pick John McFarland. He will be joined by skilled forward Marcus Foligno and possible overager Eric O'Dell, as the

three will be depended upon heavily to lead a very youthful offensive group. Joining them will be a very young group of forwards including second year players: Eddy Rinke, Kyle Shaw, Kristoff Kontos. They and the other returning forwards will be asked to contribute a majority of the offense and the play of this forward group will likely determine the fate of this season's Wolves team. The assistance of 2010 draft picks Campagna, Schutt and Silk should help to lighten the load on the forward group.

In what is arguably hockey's most important position, the Wolves will benefit from the return of overage goaltender Alain Valiquette for a final OHL season. Valiquette has shown glimpses of greatness throughout his career with the wolves and much the same will be expected from the fifth year netminder after posting a career high 11 wins and a 3.86 GAA in 2009/2010. His experience should help support an already solid backend and put the Wolves in a position to win on a nightly basis.

Under new head coach Trent Cull, Blaine Smith explains that fans should expect to "see a team that believes in puck possession and control. The systems that will be used will allow our best players to shine and give our young players a chance to develop along side of our veteran players."

As well, Smith believes that with players such as John Mcfarland, one of the best offensive players in

the league, Alain Valiquette in goal, seven returning defensemen and some high end prospects acquired in the draft, "we expect to challenge for top spot in the central division."

In terms of areas in which the team would like to improve this season, Smith hopes to see his club become one in which, "we become a team that nobody wants to play against."

Overall, fans should expect a great season from this year's Sudbury Wolves team and should make an effort to experience the team first hand. When asked what would be a successful season, Smith added, "A successful season would be a team that wins a championship. Anything other than that is considered a disappointment." One can only hope that this season will bring about success.

Sudbury will be opening training camp in towards the end of August. The Wolves then kick off their preseason on Sept. 10 @ 7:00pm vs. Barrie, and then face the play on the road against the Barrie Colts and Soo Greyhounds before concluding the preseason on Sept. 17 against the Hounds. Sudbury opens the regular season on Friday Sept. 24 against the Niagara Ice Dogs with puck drop at 7:35. Come out and cheer on your Sudbury Wolves.

Also, for the complete interview with Wolves Head Manager Trent Cull, and other Wolves info check out: <http://bumbacjournalism.webs.com/> and www.sudburywolves.com.

	SPORT/COST	EVENT DATES	REGISTRATION DATES	TIME	SITE	TEAM CAPTAINS' MEETING
TENTATIVE INTRAMURAL SCHEDULE FOR 2010-2011	BEACH VOLLEYBALL #1 [COED] LIMIT - 12 TEAMS, \$25/team	FRI. SEPT. 24 NON COMPETITIVE	WED. SEPT. 8 TO TUES. SEPT 14	2PM - 6PM	LU COURTS	THURS. SEPT. 16
	BEACH VOLLEYBALL #2 [COED] LIMIT - 12 TEAMS, \$25/team	FRI. OCT. 1 COMPETITIVE	WED. SEPT. 8 TO TUES. SEPT 14	2PM - 6PM	LU COURTS	THURS. SEPT. 16
	MODIFIED 4X4 VOLLEYBALL LIMIT - 24 TEAMS, \$5/person	SEPT. 20 - OCT. 20 MON AND WED	THURS. SEPT. 9 TO WED. SEPT 15	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (3)	THURS. SEPT. 16
	BASKETBALL [WOMEN'S] LIMIT - 16 TEAMS, \$25/team	SEPT. 28 - OCT. 19 TUES. AND THURS.	THURS. SEPT. 9 TO WED. SEPT 15	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (1)	THURS. SEPT. 16
	BASKETBALL [MEN'S] LIMIT - 16 TEAMS, \$25/team	SEPT. 28 - OCT. 19 TUES. AND THURS.	THURS. SEPT. 9 TO WED. SEPT 15	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (2)	THURS. SEPT. 16
	OUTDOOR SOCCER [COED] LIMIT - 20 TEAMS, \$25/team	SAT&SUN OCT 16 & 17 NO RAIN DATE Competitive / Noncompetitive	MON. SEPT. 20 TO FRI. SEPT 24	10AM - 6PM	LU FIELDS	WED. SEPT. 29
	PICKLE BALL (COED) LIMIT - 16 TEAMS, N/C	NOV. 1 - NOV 10 MON. AND WED.	TUES. OCT. 12 TO MON. OCT. 18	9PM- MIDNIGHT	BEN AVERY BUILDING GYMS (2)	TUES. OCT 19
	INNERTUBE WATERPOLO (COED) LIMIT - 8 TEAMS, \$25/team	FRIDAYS NOV. 5, 12 & 19	TUES. OCT. 12 TO MON. OCT. 18	1PM to 3PM	LU POOL	TUES. OCT 19
	ULTIMATE FRISBEE LIMIT - 12 TEAMS, \$25/team	NOV. 2 - NOV 18 TUES AND THURS	TUES. OCT. 12 TO MON. OCT. 18	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (2)	TUES. OCT 19
	INDOOR SOCCER [COED] LIMIT - 24 TEAMS, \$25/team	JAN 5- JAN 27 MON. TO THURS. Competitive / Noncompetitive	MON. NOV. 8 FRI. NOV. 12	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (2)	WED. NOV. 17
	Wilderness SNOW SHOEING LIMIT - 24 PEOPLE, \$3/person	FRIDAYS JAN. 21 & 28	MON. NOV. 8 FRI. NOV. 12	1:30pm to 3:30pm	LU Outdoor Centre	WED. NOV. 17
	3X3 BASKETBALL [COED] LIMIT - 8 TEAMS, \$25/team	WED. FEB 2	MON. JAN 10 TO FRI. JAN 14	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (2)	WED. JAN 19
	3X3 BASKETBALL [MEN'S] LIMIT - 8 TEAMS, \$25/team	MON. FEB 7	MON. JAN 10 TO FRI. JAN 14	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (2)	WED. JAN 19
	3X3 BASKETBALL [WOMEN'S] LIMIT - 8 TEAMS, \$25/team	WED. FEB 9	MON. JAN 10 TO FRI. JAN 14	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (2)	WED. JAN 19
	SUPER SPLASH LIMIT - 24 TEAM, \$3/person	FRI. FEB 4	MON. JAN 10 TO FRI. JAN 14	1PM - 3PM	LU POOL	WED. JAN 19
	VOLLEYBALL [COED] LIMIT - 36 TEAMS, \$25/team	FEB 1 TO MARCH 15 TUES. AND THURS. Competitive / Semicompetitive / Recreational	MON. JAN 10 TO FRI. JAN 14	9PM - MIDNIGHT	BEN AVERY BUILDING GYMS (3)	WED. JAN 26
	DOUBLES BADMINTON [COED] LIMIT - 24 TEAMS, \$5/team	FEB 14 TO MAR. 9 MON. AND WED.	MON. JAN 10 TO FRI. JAN 14	9PM- MIDNIGHT	BEN AVERY BUILDING GYMS (2)	WED. JAN 26

For more information on intramurals and how to get invovled, contact Dorothy Pitzel at dpitzel@laurentian.ca

Our favourite places:

Lambda editors break down the best places to see and be seen in Sudbury



An exterior view of the Laughing Buddha, found on Elgin St. in Downtown Sudbury

The Laughing Buddha

BY CALLAM RODYA

The Laughing Buddha at 194 Elgin St. has been my home away from home since it opened in April 2005.

I started going when I was 18 - not quite old enough to drink. Nevertheless, it quickly became my favorite spot to sip cappuccinos and chain-smoke with friends on the patio. Of course when I finally did turn 19, the Buddha (as it is known) served me my first legal drink - a shot of Bacardi 151, if I remember correctly - on the house. Those were the early days of the restaurant, with Matt Foy and his rubber chicken mascot at the helm.

When I moved to Toronto four years ago, I held my going away party at the Buddha. And when I (somewhat reluctantly) moved back to Sudbury two years later, where else would I have a reunion party than on that very same patio I had come to love?

I have had first dates at the Buddha and breakups at the Buddha, and even some weird triangular romantic drama that I am quite sure the kitchen staff enjoyed eavesdropping on. You're welcome.

I have developed two stage shows and one short film out of over-caffeinated brainstorming sessions at the Buddha. It has been equally the site of celebrations and "drown our sorrows" gatherings, and of course, some especially wild nights that I would rather not elaborate on.

No matter what the plan is, the Laughing Buddha is always the launch site and end-of-night rendezvous spot for a crazy Downtown Sudbury night.

The Laughing Buddha emerged from the unfortunate demise of This Ain't the Only Cafe, which used to occupy the same real estate. The cafe was forced to close in 2003 after a buyer could not be found for it. In November 2004, the Desjardins family, who own the Townhouse Tavern at the corner of Elgin and Grey St., leased the building and the empty lot next to it. An outdoor patio was built

in the empty lot and the then-tiny Buddha quietly opened five months later.

It didn't take long for it to become a major downtown destination.

"Matt Foy came over from the Townhouse to be the first manager, bringing a sense of fun on the staff," wrote Paul Loewenberg, operations manager at both the Buddha and the Townhouse, in an email. "Artists, young working folk, students, the downtown business community and many more walks of life all came to call the Buddha home. It was a perfect compliment and logical progression to the Townhouse."

"Matt was great to work for," writes Thorneloe Theatre Arts Professor Jenny Hazelton, who worked at the Buddha during Foy's time as manager, in an email correspondence. "He developed a wonderful and individual rapport with every one of his staff members, as well as the clientele."

Foy could not be reached for comment.

Meanwhile, the building separating the Buddha and the Townhouse was also purchased by the Desjardins and turned into Sportsbury's Pub 'n Grub, a new sports bar, in the Spring of 2005. As business steadily picked up, the Buddha patio was later extended in the Summer of 2007. Over the following winter, Sportsbury's was reduced in size to build a back dining room for the Buddha, which was experiencing a surge of patrons. Work was also done to combine the two buildings, making them accessible to and from each other.

Soon it was time for a major expansion. Last July, Sportsbury's was closed permanently and renovated into the Laughing Buddha that exists today.

"[We] tore down the walls, redid the flooring, rebuilt the bar, rewired the room, restored the old walls and opened the entire room at the end of September 2009 as a full dining area," wrote Loewenberg.

The next month, the menu was overhauled and redesigned, with new additions like appetizers and falafel.

One of the hallmarks of the Laughing Buddha is the Beer Book, an expansive menu put out by Loewenberg of about 80 beers at any given time, ranging from Ontario and Canadian craft-brewed beer to acclaimed brews from around the world.

"We don't sell Budweiser," writes Loewenberg. "We have beers that sell for as much as bottles of wine and take many months to import. We have put over 160 beers on the shelf in five years."

My personal favorite is Mill St. Coffee Porter, a dark beer brewed with coffee in the Distillery District in Downtown Toronto.

The Buddha also has a fine collection of single malt whiskies from around the world. Nothing beats Jameson Irish Whiskey, distilled in Dublin since 1780.

Over its short history, the Laughing Buddha has grown into a premiere downtown destination. Whether you are looking for a relaxing snack and a premium brew on the patio, a casual dinner with friends, or a night-long gathering,

Since it opened, the Buddha has become my very own Cheers. I don't even want to consider how much of my hard-earned cash has gone straight into its coffers over the years. And even though its growing business and various expansions over the years have made for a noisier atmosphere and slower service in recent times, I can't think of a better place to be in Sudbury, day or night, than sitting on the patio of the Laughing Buddha, with a smoke and a drink in hand, laughing, celebrating, crying, or plotting with friends and colleagues.

Did I mention that they have the best pizza in town?

The Laughing Buddha is just down the street from the Townhouse Tavern on Elgin Street and is open daily from 11AM to 2AM (19-plus after 9PM).

Downtown Sudbury nightlife

BY ED VEILLEUX

Growing up in the Donovan area of Sudbury, the nearby downtown area was always my first choice for going out.

After a night out enjoying the bars, sometimes maybe too much, I could walk, jog or crawl home (depending on the night, of course).

There's a bar for everyone downtown.

Feeling like a pint and some wings? Peddler's Pub and the Doghouse are great choices.

Peddler's is the only bar I've been to that serves Alexander Keith's Premium White ale on tap, with a slice of orange. It is the best summertime beer I've tried.

The Doghouse has, arguably, the best wings in town.

Looking for live music? Try the Townhouse or Little Montreal.

Feeling like a more cultured choice? The Laughing Buddha's art-laden walls provide a unique atmosphere (not to mention the boatloads of beer variety they carry).

You want to dance? Sure. Go to Shaughnessy's on Wednesday or Friday, The Grand on a Saturday, or SRO— dress code in effect, of course.

The Coulson (also known as the Nightclub) is a popular choice to dance at, or listen to live music (We won't speak of the Diamonds side—worth a few laughs).

Looking for a more diverse and accepting bar? Zigs is the local "gay bar" (according to their website), and although I haven't been, I've heard it can be a good night out as well — for people of all sexual orientations.

The Downtown nightlife has something for everyone.

Rainbow Cinemas

BY CANDACE JAZVAC

Most students love movies. In fact, most students spent a good chunk of their pre-teen years going to the movies with friends and their middle school crushes on Friday nights to chow down on buttery popcorn and Junior mints, and to giggle at painfully ridiculous slasher-horror movies. In fact, I believe my very first date took me to the movies. And while I don't remember what movie we saw, or whether or not we shared a slushie, I do remember that the movie theatre was the safe, PG-rated place I could spend my babysitting money without too much flack from my parents.

Unfortunately, nowadays, this sort of nostalgia comes at price. Going to Silvercity will cost you most than a meal at Subway, and unfortunately in Sudbury, will take you at least half an hour to get to by bus. I had all but given up on the cinematic experience, and guiltily taken to watching grainy movies online for the bulk of my first year at Laurentian. And then I discovered the Rainbow Cinemas.

Located downtown in the Rainbow Centre, the Rainbow Cinemas offer the old school charm of your high school hang out for the low ticket price of \$3. Complete with popcorn decorated carpet and

beautiful, slightly bizarre murals covering the walls, the Rainbow Cinemas are my favourite place to spend a Sudbury Saturday night when I feel like giving my liver a break, and my wallet.

Just like in high school, I've had first dates there, cried at sappy love movies with my girlfriends, and played arcade games until my thumbs hurt. All I have to do is flash my student card to the ticket booth, hand over my spare change, and I'm in for a night of retro fun. And, the best part is, instead of taking a bus across town to New Sudbury, the Rainbow Cinemas are right downtown, within walking distance of the bus terminal. And, for those who drive, parking is free when you present your ticket stub to the attendant.

So, next time you're itching for night on the town, but your financial forecast is looking bleak, consider taking a stroll down memory lane. The Rainbow Cinemas offer recently released movies at a fraction of the cost of big box cinemas, and the atmosphere will keep you coming back for me.

For more information on the Rainbow Cinemas, or to check out show times, visit www.rainbowcinemas.ca.

Comics North

BY ANDY VEILLEUX

I feel it is my duty as the Science and Technology Editor to talk about my favourite nerdy place in the city, Comics North.

Many local entrepreneurs have tried to have a go at this small, but hyperactive niche market, but few have managed to be successful. The closure of Sevin-Star Comics, and Mat-Lyn Games struck a blow to their regular customers' hearts in this small fan base (known for its loyalty). Comics North has managed to stand tall throughout the years, even through the perils of operating in the boom-and-bust economic cycles infamous among single-industry towns. Arguably, Sudbury is no longer a single-industry town, but it is hard to argue against the strength of the mining industry here (especially considering the Canadian Mining Journal's recent report on the health of the mining supply sector in the city, which dwarfs all the other major Northern Ontario cities combined).

Despite the sometimes-shaky economics of the city, Comics North has remained rock solid for over 25 years. Owner Brad Hayes started the business after graduating, because he felt there was a market for it, and is

an avid comic fan himself.

The prominent local business, located at 106 Elm St., has been an important place for my generation of nerds since we were children.

The store offers hundreds of current comic titles, along with hundreds of back issue series. The store also deals in trading cards games such as Magic: The Gathering, anime movies, such as the different Gundam series, and role-playing games such as Dungeons and Dragons. The store also features figurines, drawing books, and even a few obscure beverages; Jolt Cola, anyone?

Whether you are an avid nerd, or someone looking to browse a bit of the more niche markets for art, the store is sure to have something to offer you.

Of course, the true strength of a small, local business like Comics North is not just in what it has to offer. The customer service at the store is second to none. To this day, when I walk into the store, whoever is working will walk into the back and come out with all the comics I subscribe to. In an age where one often feels like cattle walking through the aisles of big box stores, personal touches in business do not go unnoticed, or unappreciated.


BY JOHN RODRIGUEZ

As Mayor of the City of Greater Sudbury, I am very pleased to extend a warm welcome to students from far and near who will be attending Laurentian University this school year.

September is a big month, with new challenges to face and a new academic year to begin, but this will also be when long lasting friendships and memories are made.

Laurentian University's educational programming offers excellence and diversity, while its location is surrounded by the natural beauty of our city. The excellent education that you will receive here will prepare you for many future opportunities.

We extend our warm Northern hospitality to all students of Laurentian University, new and returning, wishing them an enjoyable stay in our great city and good luck in their educational endeavours.

Welcome to Sudbury: from your local elected officials

BY RICK BARTOLUCCI

It is with great pleasure that I welcome you to Laurentian University for a successful year of study and personal growth.

For those of you who are returning, welcome back. To those who are starting university for the first time or joining Laurentian from another school, I am sure you will agree, the university's campus is wonderfully located: close to amenities while surrounded by the beautiful Northern Ontario landscape.

As the Member of Provincial Parliament for Sudbury and a graduate of Laurentian, I am very proud of the many accomplishments associated with the school. Together with our government, the university has established excellent programs and fields of study to help you get the best out of your education.

From the Northern Ontario School of Medicine, to the Vale Inco Living with Lakes Centre, and everything in between, Laurentian University is bound to offer you many opportunities to reach your fullest potential. I encourage you to challenge your mind, forge new friendships and experience all that the university and community of Greater Sudbury has to offer.

Please accept my best wishes for a successful year.


BY GLENN THIBEAULT

It's great that you're here! For many of you, Sudbury is a new city – welcome, bienvenue! The rest of you will feel right at home – whether or not you'll be living with family, or if you are a returning student. For first year students, this is a great opportunity to have fun and to learn a great deal about yourself – and somewhere in there you'll gain all kinds of new knowledge and take the next step towards your chosen career.

With luck, you will find the time to get involved both on- and off-campus.

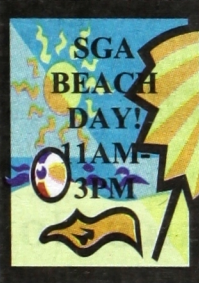
I hope you do. Whether in sports, the arts or community organizations, either to have fun or to make the university, or our city a better place there is always a lot going on. As the MP for Sudbury, I can tell you how important it is to have young people like you active in our community. You can and will make a difference.

During your first year, there are many transitions and changes to get used to. If you need help, always remember there are people around to help make your time at Laurentian the best time of your life. If you are having trouble and you don't know where to go, call my office at (705) 673-7107 and I and my staff will do our best to point you in the right direction.

Most of all, Sudbury and Laurentian are lucky to have you. I hope you have a great orientation, and a fantastic first year. Drop in and see me in the Rainbow Centre to say hello!



SEPTEMBER 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4 Orientation Tent Day!! Come by our tent for FREE FROSH KITS!!!
5 Orientation Tent Day!! Come by our tent for FREE FROSH KITS!!!		7 SGA/AGE OPEN HOUSE! 9AM-4PM	8 ALL AGES PUB NIGHT!! Crunk PARTY!! 8pm	9 LOCS FREE BBQ	10	11 GET HYPNOTISE TONIGHT! With Brian Wilcox
12	13	14 FREE FREEZIES TODAY IN THE SGA/AGE OFFICE	15 	16 Froshapoloosa! Vote for your number 1 Local Band!!	17	18 FROSH CONCERT 
19 	20	21	22 CLUB DAYS	23 Cinefest Movie Night Buses Leaving From Campus!	24 "Take Me To The Pilot" IN THE PUB DOWNUNDER!	
26	27 FLAG SALE! COME BY THE SGA/AGE OFFICE!	28	29	30	HAVE A QUESTION ABOUT AN EVENT? E-MAIL US sga@laurentian.ca	
FINANCIAL AWARENESS WEEK						

CUT OUT SO YOU DON'T FORGET THESE DATES

Message from the President


BY SAM PITZEL

Hey team! I'm going to start off by saying that you'll be glad you read this; because it is, to quote the New York Times, "an awfully spiffy piece of work – there are laughs, tears, and even a sparkly vampire who in a totally non-creepy way wants to eat his girlfriend". Or maybe they were talking about something else. Whatever.

This is your welcome message from your Students' General Association. Through us, you get a bus pass, a health and dental plan, over fifty clubs you can join, a chance to get politically active, frosh kits, free or discounted access to concerts, shows, and dances that we host – the list goes on. Also, because we're a member local of the Canadian Federation of Students, that makes you a member – and you get all the accompanying perks. Swing by the SGA office if you want to learn more!

The most exciting thing for you is, of course, that we offer superb frosh week events. We're really stoked to announce that Mother Mother is playing our frosh concert this year. If you haven't heard of them, I can only advise you to go look up 'O My Heart' on Youtube. Apparently they play an absolutely legendary live show!

If you've got questions, comments, suggestions, or if you just want to check out my office (complete with mini-fridge), definitely drop by the office. Our door is always open! You can also drop us a line at SGA@Laurentian.ca, or give us a shout at 673-6547. Plus, Lambda will be bringing you updates throughout the school year, so if you want to know what's going on around campus, watch this space! I'm looking forward to seeing you all in September!